

Preparing for Pro tennis from the young age

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Federation's goal: Top 200 ATP / Top 100 WTA

System should support talented players to develop their full potentials!



**Knowing where we go and
get ready for challenges!**

What are the differences in competing at national & international level?



Profile of successful international 14&Under player

Players' profile

Profile of the successful players			
	TE ranking	Result level	Age
3rd Category	Top 120 boys	QF	12/13 years talented players
	Top 120 girls	SM	14 years 'average players'
2nd Category	Top 80 boys	QF	13 years old 'very talented' players
			14 years 'good' players (also 'biologically late developers')
			14 years biologically advanced players
1st Category	Top 30	Last 16	13 years 'evident talents'
			14 years talented players and biologically late developers
			14 years 'average' but biologically very advanced players

Players' profile

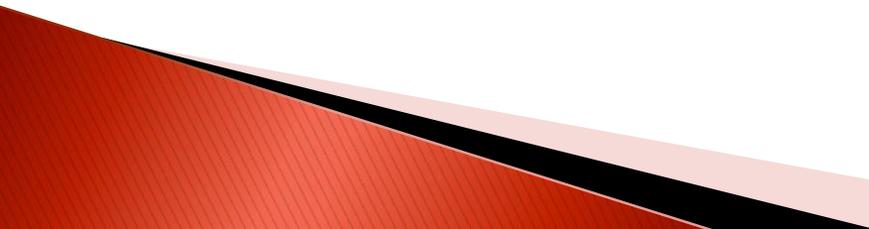
	Winning by:
3rd Category	<p>Consistency / accuracy (with good/bigger margin for errors)</p> <p>12/13 years are able to apply elements of 'offensive technique'</p> <p>Usually 'smarter' (less unforced errors)</p>
2nd Category	<p>Able to create advantage with 1st serve and returning 2nd serve</p> <p>Applying 'more power & spin (compared with 3rd CAT)</p> <p>Applying own 'better shot' and (are aware) aiming more for opponent's weakness</p>
1st Category	<p>Able to create & continue pressure in serving/returning and base line game by shot quality (i.e. consistent depth with spin)</p> <p>Able to resist pressure with quality (depth / more court coverage / right shot)</p> <p>Applying (often) high-percentage shots (less unforced/'stupid' mistakes)</p> <p>13 years 'evident talents' - usually mentally resilient, very good technique, 'quality contact' (excellent depth control)</p> <p>14 years 'biologically advanced' - Overpowering opponents by physical dominance (height, weight) & mental maturation</p>

14&Under CAT 1 (Girls)

Playing competencies

- **Performer mindset**
 - **Serving & Returning**
 - **Base line game**
 - **Net game**
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Summary:

- 1. Based on high-percentage game**
 - 2. Serving deep & to the body**
 - 3. Returning with depth (middle)**
 - 4. Dominate the middle with depth**
 - 5. Resilient under pressure - variable defence**
 - 6. At the net use block volley to free space**
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International 14&Under level (Boys)

Summary:

- 1. Apply high-percentage tennis**
 - 2. Serving with variety (BH!)**
 - 3. Returning (Middle & HP)**
 - 4. Dominate the middle with depth & FH**
 - 5. Open court by '1st chance'**
 - 6. Resilient under pressure - variable defence**
 - 7. FS volley to free space**
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Thank you!

